

Program Information

The Behavioral Health and Human Services Program is designed to prepare students to become direct service providers or designated coordinators in settings where vulnerable or at-risk people are housed or treated. Direct service providers also known as Behavioral Health Workers, are the caregivers in these settings, and the designated coordinators oversee the daily activities of the setting.

The program exposes students to the laws, rules, and regulations surrounding the care and treatment of vulnerable people, specifically developmentally, mentally and cognitively disabled people. Additionally, the program trains students how to best support developmentally or mentally disabled people, as well as to understand the psychological characteristics of and treatments for various developmental and cognitive disabilities.

Additionally, program coursework also helps define the roles of the behavioral health worker, direct service provider, designated coordinator and social worker as advocates and resource providers, helping vulnerable clients and residents receive care and services. Coursework in social work, social services, and the broad base of sociology and psychology classes taken as part of this program will prove valuable for those students who wish to transfer to a four-year institution to potentially major in human services, psychology, social work or sociology.

Program Learning Outcomes

By completing this program, students will achieve the following learning outcomes.

1. Students apply skills in a meaningful way (Demonstrating higher level thinking-analysis evaluation, and synthesis)
2. Performance assessment allows for evaluation of attitudes/dispositions.
3. Student develop and create original responses to the topic.

Course Prerequisites

Some courses may require appropriate test score or completion of basic math, basic English and/or reading courses with a “C” or better.

- BIOL 1130 Human Biology requires completion of READ 0900 or READ 0960 or appropriate test score.
- ENGL 1107 Composition I requires completion of READ 0900 or READ 0960 and ENGL 0900 or ENGL 0960 or appropriate test score.

Background Study

Minnesota Law requires that any person who provides services that involve direct contact with patients and/or residents at a health care facility licensed by the Minnesota Department of Health have a background study conducted by the state. An individual who is disqualified from having direct patient contact as a result of the background study, and whose disqualification is not set aside by the Commissioner of Health, will not be permitted to participate at a clinical site. The student has the right to request reconsideration of the disqualification.

Graduation Requirements

All Anoka Technical College students seeking an Associate in Applied Science (AAS), diploma, or certificate must meet the cumulative grade point average (GPA) of 2.0 or higher.

Transfer Opportunities

To see how credits from this program may transfer into other Anoka Technical College programs or into a program at another college, visit:

- [Minnesota Transfer](#)
- [Anoka Technical College transfer student](#)

Industry Information

Students graduating from the Behavioral Health and Human Services (BHHS) Associate in Applied Science (AAS) degree program are eligible for positions in several areas in the health, human services and education fields with children, adolescents, adults and senior citizens. The graduating student may serve a variety of at-risk populations including people with disabilities, mental illness, substance abuse, poverty and disadvantaged.

Students who may be interested in social work, sociology, psychology or other health-related areas may want to consider the BHHS program as a well-rounded educational base to support further development of generalist skills at a four-year institution.

Wages/Outlook/Advancement

Wage information is available from the [Minnesota Department of Employment and Economic Development](#).

Start Dates

Fall Semester.....August
Spring Semester January

Technical Education: 36 Credits

First Semester	16
<input type="checkbox"/> BHHS 1005 Introduction to Behavioral Health and Human Services	2
<input type="checkbox"/> BHHS 1010 Direct Support Professionalism	3
<input type="checkbox"/> BHHS 1040 Facilitating Positive Behaviors	3
<input type="checkbox"/> ENGL 1107 Composition I	4
<input type="checkbox"/> PSYC 1406 General Psychology	4
Second Semester	15
<input type="checkbox"/> BHHS 1020 Physical Developmental Supports I.....	3
<input type="checkbox"/> BHHS 1030 Person Centered Planning	3
<input type="checkbox"/> BHHS 1570 Introduction to Social Work.....	3
<input type="checkbox"/> BIOL 1130 Human Biology	4
<input type="checkbox"/> HLTH 1040 Medical Terminology.....	2
Third Semester	16
<input type="checkbox"/> BHHS 1550 Social Services Projects.....	3
<input type="checkbox"/> BHHS 1560 Social Welfare Services	3
<input type="checkbox"/> BHHS 2050 Supportive Interventions.....	4
<input type="checkbox"/> BHHS 2020 Physical Developmental Supports II	3
<input type="checkbox"/> HLTH 1000 Disease Conditions	2



Community Social Services

Associate of Applied Science (AAS) Degree

Fourth Semester 13

- BHHS 2020 Physical Developmental Supports II 3
- PSYC 1506 Lifespan Development..... 4

OR

- PSYC 1606 Abnormal Psychology 4
- SOSC 1010 Introduction to Sociology 3
- SPCH 1200 Interpersonal Communications 3

OR

- SPCH 1500 Intercultural Communications 3

Faculty Contact

[Zakia Robbins](#)..... 763-576-4182

For information on how to apply, to schedule a tour, or for service during summer hours, contact Enrollment Services at 763-576-7710 or EnrollmentServices@anokatech.edu