

# Anoka Technical College: Library Media Center



**American Occupational Therapy Association. Reference Manual of the Official Documents of the AOTA. Wendy A. Schoen, compiler. The Association, 2007. RM 735 .A1 2007**

Amazon description: Since, 1980, the American Occupational Therapy Association (AOTA) has collected its official documents--must-have information for occupational therapy practitioners, educators, and students--into one handy, frequently updated reference work. The 11th edition continues that tradition, adding for the first time an easy-to-use, searchable CD-ROM of concept papers, guidelines, position papers, roles papers, specialized knowledge and skills papers, standards, and statements. Includes the complete "Ethics Standards," the Scope of Practice, and the Occupational Therapy Practice Framework: Domain and Process, as well as many other valuable and timely documents, including statements on health disparities and obesity.

**Assessments in Occupational Therapy Mental Health: An Integrative Approach. Edited by Barbara J. Hemphill-Pearson. SLACK, 2008.**

Each Chapter Includes: - A theoretical based on the assessment including historical development, rationale for development, behaviors assessed, appropriate patient use, review of literature, and assessment administration - How the instrument is administered, which will include the procedures, problems with administering, and materials needed - The presentation of a case study and interpretation of results - Statistical analysis and recent studies.

**Autism: A Comprehensive Occupational Therapy Approach. American Occupational Therapy Association, 2001. RC553.A88 A98 2001**

Chapters present diagnostic criteria, interventions, worksheets, sample assessment tools, resources, case studies, and much more. New topics include exploring the etiology of autism spectrum disorders, occupation in children with PDDs, collaboration to improve communication in children with autism, and best practices in occupational therapy for children with autism.

**Bracciano, Alfred G. Physical Agent Modalities: Theory and Application for the Occupational Therapist. SLACK, 2008. RM 700 .B68 2008**

Publisher description: Provides the occupational therapist and student with a user-friendly and organized reference on the application of physical agent modalities, commonly used by occupational therapists, as well as emerging technologies and interventions such as lasers and electromyographic biofeedback. This *Second Edition* outlines the application procedures for each modality, indications for their use, and the precautions and contraindications of the modality.

**Clinical Decisions in Therapeutic Exercise: Planning and Implementation. Edited John Nyland. Pearson Education, 2006.**

Amazon: The book provides a contemporary, evidence-based overview of the topics that influence decisions regarding therapeutic exercise program development by integrating neuromuscular, cardiopulmonary and musculoskeletal considerations. This resource encourages the reader to consider relevant evidence along with a comprehensive, holistic

understanding of the individual when making clinical decisions regarding a plan of care and the most appropriate exercise intervention(s). Case Studies present not just the injury, but also the lifestyle, attitudes, social and medical history and personality of the client to aid in effective program planning.

**Cole, Marilyn B. Applied Theories in Occupational Therapy: A Practical Approach. SLACK, 2008.**

Publisher description: Unlike other texts, there are no distinctions between specialty areas, as current and developing theories are applied to a continuum of health and wellness for all populations across the lifespan. Students and practitioners are provided with specific guidelines as well as case examples and learning exercises to enhance their understanding of applied theory.

**Contemporary Issues in Occupational Therapy: Reasoning and Reflection. Edited by Jennifer Creek. John Wiley & Sons Ltd., 2007.**

Publisher description: Brings together a collection of essays written by experts in the field of occupational therapy and who are at the cutting edge of theory and its application in practice. At the beginning of the twenty-first century, occupational therapists are beginning to conceptualize occupational therapy as a complex intervention. This book provides the level of detail to support such an understanding.

**DeLany, Janet V. Working with Children and Adolescents : A Guide for the Occupational Therapist. Pearson Prentice Hall, 2009. RJ53.O25 D45 2009**

Google Books: Divided into 4 sections, this book explains best- practice occupational therapy services based on knowledge about occupations, occupation based and non-occupation based conceptual models, and the occupational development of children and adolescents. Through the use of multiple vignettes and case studies, the occupational therapy assistants learn how to implement interventions for children and adolescents who are experiencing specific health and learning challenges. Reflection and application questions at the end of each chapter reinforce text content.

**Early, Mary Beth. Mental Health Concepts & Techniques for the Occupational Therapy Assistant. Wolters Kluwer Health/Lippincott Williams & Wilkins, 2009. RC 437 .E3 2009**

Google Books: Offers a solid foundation in occupational therapy processes to identify and address the needs of persons with mental health problems. This updated edition reflects important new developments in basic neuroscience, psychopharmacology, occupational

therapy theory, and evaluation and treatment methods, and remains the only text of its kind written specifically for the occupational therapy assistant. The reader-friendly format is designed for the two-year college student.

**Fazio, Linda S. Developing Occupation-Centered Programs for the Community. Pearson/Prentice Hall 2008. RC487 .F39 2008**

Google Books: The text covers building a foundation within a community, program development, program evaluation and program examples for children, adolescents and adults.

**Foose, Sandra Lounsbury. Paper for All Seasons: Projects and Presents to Make Through the Year. Watson-Guptill Publications, 2003. TT870 .F637 2003**

The front section is a no-nonsense introduction to materials, tools, and techniques, a conversational chat about the virtues of using wallpaper samples and the how-to's of determining the grain. What follows is the real treat (no tricks!): projects with concise directions, illustrations (when necessary), and color photographs.

**Foundations of Pediatric Practice for the Occupational Therapy Assistant. SLACK, 2005. RJ 53 .O25 F68 2005**

Google Books: This dynamic text incorporates many unique features to foster learning. Integrated within each chapter are short case studies and activities designed to promote discussion and exploration of pediatric occupational theory and practice.

**Hughes, Kathy. Sense-sational Activities for the Senses: A Book of Sensory Programs. Potentials Development, 2001. RA 999 .R42 H84 2001**

This book is full of cost-effective sensory programs that will stimulate memories for individuals who need to experience a variety of items in order to recollect their past. Adapt activities for residents and supplement each theme with items that are familiar to residents. Pages are designed to implement activities quickly and easily.

**Hussey, Susan M. Introduction to Occupational Therapy. Elsevier Mosby, c2007 RM 735.4 .S23 2007**

Google Books: This edition includes new review questions are included in each chapter along with additional case studies and student activities added throughout the text. Updated information on roles and responsibilities of OTs and OTAs.

**Kettenbach, Ginge. Writing SOAP Notes. F.A. Davis Company, 2004. RM701.6 .K48 2004**

Ginge Kettenbach's revision teaches students and new practitioners the basic skills needed to write two different styles of documentation: SOAP (Subjective/Objective/Assessment/Plan) notes and Patient/Client Management forms. This updated edition includes even more exercises to help students learn how to write clear, concise, and correct patient care notes. Worksheets at the end of each note section encourage clinical decision making on the information they have just learned. Rationales are given for all decisions.

**Napier-Tibere, Bonnie. Occupational Therapy Fieldwork Survival Guide: A Student Planner. RM735.42 .N37 2004**

Amazon: Each chapter is filled with techniques and practical ideas to help organize your needs and to communicate more effectively with your supervisors. It also provides structured game plans to guide you toward developing problems solving strategies and enhancing clinical skills. Designed to be an interactive resource, space is provided to write goals, action plans and timelines for completion; organize materials and resources; list discussion points with your supervisors; keep track of schedules, meetings and must-do's; and record important information about each fieldwork site.

**Physical Dysfunction Practice Skills for the Occupational Therapy Assistant. Edited by Mary Beth Early. Mosby Elsevier, 2006. RM735 .P46 2006**

Meets the need of OTA programs for a focused, easy-to-use approach to physical dysfunction. This new edition is thoroughly updated and expanded to include areas such as work, habits of health and wellness, leisure and social participation, and activities and occupations of daily living.

**Occupational Therapy Interventions: Function and Occupations. SLACK, 2008. RM 735 .O353 2008**

Google Books: Provides information needed to know about the physical dysfunction intervention process. This book contains chapters which focus on the keys to implementing various occupational therapy interventions and also provide information on applying specific terms to clinical practice.

**Occupational Therapy with Elders: Strategies for the COTA, Elsevier Mosby, 2004. RC953.8.O22 O246 2004**

This unique resource clearly presents a comprehensive range of elder care strategies and insights for the COTA. Coverage includes important trends, concepts and theories related to aging, as well as professional issues for occupational therapy professionals.

**Ryan's Occupational Therapy Assistant: Principles, Practice Issues, and Techniques. Edited by Karen Sladyk. SLACK, 2005. RM735.4 .R95 2005**

Written in a student-friendly format, the text covers all aspects of OTA practice for both education and preparation for the NBCOT exam. Using actual client examples, students are guided throughout the process of learning various principles and disabilities to applying that knowledge in a clinical setting.

**Schwartzberg, Sharan L. Interactive Reasoning in the Practice of Occupational Therapy. Prentice Hall, 2002. RM 735 .S29 2002**

Amazon: Boston School of Occupational Therapy, MA. Textbook based on the belief that practice is a composite of philosophy, theory, and empirical data. Four sections cover philosophy, theory, and research; application to practice settings; population; and research evidence and education. Includes chapter-opening case studies and review questions.

**Sladyk, Karen. OTA Exam Review Manual. SLACK, 2005. RM735.32 .S536 2005**

Contents: The exam process -- Preparation and studying to meet the challenge -- Content study outlines -- Fieldwork experience as a study guide -- Domain, task, and knowledge questions and answers -- Domain-style study questions and answers -- Waiting for the results.

**Snyder, Daniel C. Kinesiology Foundations for OTAs. Thomson Delmar Learning, c2007. QP 303 .S654 2007**

Amazon: Kinesiology Foundations for OTAs combines precise clinical information, practical applications, and detailed illustrations that allow readers to understand this rigorous subject matter. This book is designed to describe the structures and functions of muscles, bones, and ligaments of the human body. It further addresses the interactions between these structures to illustrate how movements are performed.

**Solomon, Jean W. Pediatric Skills for Occupational Therapy Assistants. Elsevier Mosby, 2006  
RJ53.O25 P435 2006**

Its focused, easy-to-use approach to pediatrics covers everything from the scope of practice to in-depth coverage of normal development, pediatric health conditions, and treatment planning. Readers will also find a wealth of activities that reinforce learning prompting them to think critically about applying these principles to a clinical setting. 129 case stories help apply concepts to practice.

**Taylor, Renee R. The Intentional Relationship: Occupational Therapy and Use of Self. F.A. Davis Co., c2008. RM 735 .T326 2008**

Google Books: This groundbreaking new book addresses a critical aspect of the occupational therapy practice--the art and science of building effective, fulfilling relationships with clients.

**Tubbs, Carol. Crafts and Creative Media in Therapy. Slack, 2007. RM735.7.H35 D73 2007**

Emphasizes the importance of the use of crafts in therapy and rehabilitation and summarizes the most current research regarding their benefits. Each Craft Category Includes: • Key terms, tools, and supplies • General instructions • Precautions/special considerations • Therapeutic application for various populations • Ways to use the activity for assessment • Ways to grade • A case study and Discussion questions •

**Willard & Spackman's Occupational Therapy. Wolters Kluwer Health/Lippincott Williams & Wilkins, c2009. RM735 .W5 2009**

Publishers description: An ideal reference, this market-leading text provides the most current and comprehensive presentation of occupational therapy concepts and practice. An occupation-based, client-centered and evidence-based approach to practice is described across a variety of community, education, and medical-based practice arenas. It answers the questions: "What will I do as an OT", "Who will I treat", and "Where will I practice?"

### **DVDs/Software**

***Aerobic Sitting*. VHS, 38 minutes. Comprehensive Health Education Foundation, 1991. [VHS Aerob]**

Aerobic exercise designed to be effective without ever leaving your chair.

***Bed Position & Mobility*. VHS, 25 minutes. International Clinical Educators, Inc., 2001. [VHS Bed]**

Summary: The program demonstrates how to position patients in bed for improved comfort and prevention of pain. It also illustrates techniques for bed mobility, providing a good foundation for the rehabilitation program.

***Being Gay: Coming Out in the 21<sup>st</sup> Century*. DVD, 25 minutes. Cambridge Education, 2003. [DVD Being]**

Teens and adults share coming-out experiences in this frank video designed to educate all viewers and lessen discrimination against gay and lesbian youth. Main topics: what it means to be gay, lesbian, bisexual, transgendered, or a questioner in today's society; definitions and viewpoints on sexual orientation; harmful myths and stereotypes; six stages in the coming-out process; and how friends, family, and outside groups can help individuals struggling with sexual identity.

***Beyond Medicine-Kinesiology*. DVD, 24 minutes. Partners in Motion, Inc., 1999. [DVD Beyon]**

Amazon description: Ken de Kok was trapped in the downward spiral of alcoholism that consumed him for thirty years -- until an ancient healing art gave him the strength to turn his life around. Host Judi Phillips explores Kinesiology, a widely accepted form of therapy that puts muscle into natural health care, as well as, how to fight osteoporosis naturally.

***Discover I.D.E.A: Supporting Achievement for Children with Disabilities*. VHS 16 minutes. Council for Exceptional Children, 2000. [VHS Disco]**

Catalog Summary: In 1997, the United States Congress reauthorized the Individuals with Disabilities Education Act, better known as IDEA. This video presents an overview of several of the new provisions in IDEA designed to support achievement for children with disabilities.

***Exercise Programming for Special Populations: Recent Advances*. DVD, 45 minutes. Healthy Learning, 2006. [DVD Exerc]**

Producers description: An up-to-date review of the exercise programming recommendations and guidelines for eight "special population" groups. Major exercise-related issues are discussed for the following medical concerns: heart disease; lung disease; peripheral vascular disease; obesity; hypertension; diabetes; aids; and pregnancy.

***Life Success for Kids! Strategies for Conquering the Childhood Obesity Epidemic.* DVD, 58 minutes. Healthy Learning, 2007. [DVD Life]**

Container: This DVD provides an overview of how health/fitness clubs can help reverse the childhood obesity epidemic. It discusses how to engage children and details the eight basic keys to shape healthy, happy, successful young adults. The DVD also addresses the component that is missing in the lives of many children -- life success.

***Pioneers of Hospice: Changing the Face of Dying.* DVD, 49 minutes. Madison-Deane Initiative, 2005. [DVD Pione]**

Publishers website: Four visionaries stand out in the history of the modern hospice movement. This film tells their story. What they saw of the process of dying changed their lives. They were appalled, not by the natural act itself, but how our society hides it, denies it, misunderstands it and fails utterly to cope with it. Meet Dame Cicely Saunders, Florence Wald, Elisabeth Kubler-Ross and Balfour Mount. Their work inspired a movement felt around the world.

***Preventing Shoulder Pain.* VHS, 26 minutes. International Clinical Educators, Inc., 2001. [VHS Prev]**

Summary: Program demonstrates how to prevent shoulder pain in the stroke survivor. A step-by-step approach trains clinicians in specific methods of gentle stretching exercises, what to do and what to avoid to protect the shoulder.

***Reality Matters: Obesity and Nutrition.* DVD, 30 minutes. Discovery Education, 2005. [DVD Reali]**

Container: Teenagers have always been drawn to junk food, but more than ever, today's teens are suffering at the hands of less active lifestyles and unhealthy eating habits. Explore America's culture of obesity and its contributing factors.

***Recent Advances in Rehabilitation of the Medically Complex Patient: CIAO Seminars Presents by Darrin Trees 6 DVD-ROMS [software] . CIAO Seminars, 2007.***

Catalog summary: Chapter 1. (Disc 1) Effects of immobility & complications -- Chapter 2. (Disc 2) Factors to consider -- Chapter 3. (Disc 3) Early mobilization strategies -- Chapter 4. (Disc 4) Challenges and PWB strength training -- Chapter 5. (Disc 5) Mobilization algorithms and case reports -- Chapter 6. (Disc 6) Teaching materials and handouts.

***Self Care.* VHS, 30 minutes. International Clinical Educators, Inc., 2001. [VHS Self]**

Summary: this program includes many excellent ideas to help stroke survivors become as independent as possible while improving daily living skills such as dressing and grooming and hygiene.

***Standing Safely.* VHS, 27 minutes. International Clinical Educators, Inc., 2001. [VHS Stand]**

Summary: A step-by-step approach demonstrates how to help stroke survivors stand more safely and easily. Many examples are given with patients needing various levels of assistance. The methods are used in all treatment settings.

***Wheelchair Transfers.* VHS, 27 minutes. International Clinical Educators, Inc., 2001. VHS Wheel**

Summary: Maximum assist and moderate assist transfers are explained step-by-step, making transfers safer for both therapist and patient. The program is designed to teach transfer methods where lifting is not required.

***Yoga for Cardiac Rehab.* DVD, 39 minutes. Healthy Learning 2007 [DVD Yoga]**

Contents Notes: Yoga for cardiac rehab (modified postures) -- Chair-based postures -- Standing postures -- Yoga postures-moderate difficulty -- Conclusion. Get an overview of how to implement a modified program of Hatha yoga for cardiac rehab patients. Features chair-based yoga exercises, each of which includes clear instructions regarding posture, breathing, and body alignment, and more.