

Anoka Technical College – Library Media Center



Nursing & Allied Health Videos 2004-2011

Age-Specific Care. [DVD] Medcom Trainex; 2008 DVD Age

Knowing how to provide care in an age-specific manner is an important part of meeting patients needs.

Disc 1. Neonates and Infants (23 min)

Disc 2. Toddlers Thru Teens (26 min)

Disc 3. Adults (25 min)

Administering Medications. [DVD] Films for the Humanities, 2006. DVD Admin

This program introduces medication and looks at the 5 R's principle of medication administration, the routes of administration, and the various techniques of administering different medications. Students will gain insight into documenting the effects of medications, such as intended effects, side effects and allergic reactions.

Administering Medications: Injections. [DVD 20 min] Medcom Trainex, 2011. DVD Admin Inject

Presents techniques for the administration of topical medications, suppositories and inhalants.

Administering Medications: Medication Safety and Oral Medications. [DVD 23 min] Medcom Trainex, 2011. DVD Admin Medic

Describes the safe administration of oral medications and demonstrates practices that are required in order to help prevent medication errors.

Administering Medications: Topical, Suppository and

Inhalant Medications. [DVD 19 min] Medcom Trainex, 2011. DVD Admin Topic

Presents techniques for the administration of topical medications, suppositories and inhalants.

Alzheimer's Disease: Facing the Facts. [DVD 56 minutes] WGBH Boston Video, 2009. DVD Alzhe

Alzheimer's disease greatly lags in research funding, media attention, and celebrity support. Profiles families living with Alzheimer's, interviews doctors on the front lines, and scrutinizes the latest research.

Antibiotic Resistance: Stopping the Superbugs. [DVD 30 min] Information Television Network, 2006. DVD Antib

Antibiotics was once seen as super drugs. They rapidly disarmed pneumonia and many other previously fatal bacterial conditions, and had relatively few side effects. But the bacteria weren't ready to surrender yet. Strains emerged that were resistant to the world's most potent medicines and now we're facing a world-wide crisis. In this program we see how the problem developed and what the experts believe we need to do to win the battle.

Avoiding Phlebotomy- Related Lawsuits. [DVD 36 min] Center for Phlebotomy Education, 2010. DVD Avoid

Identifies the types of injuries patients suffer from poorly performed venipunctures that lead them to bring legal action against those who draw blood specimens and their employers. Detailed descriptions of the mistakes phlebotomists and their managers make that result in those injuries are presented using actual case studies from the files of an expert witness to illustrate key concepts.

Basic Clinical Skills: Bed Bath. [DVD 23 min] Medcom Trainex, 2011. DVD Basic

Shows how to gather bed bath supplies, prepare the patient, and use proper body mechanics. Focuses on perineal care, back massage, shaving, hair care, and oral hygiene.

Basic Clinical Skills: Urethral Catheterization. [DVD 26 min] Medcom Trainex, 2010. DVD Basic

"This is an update of the classic program that demonstrates and describes the process for performing a urethral catheterization. Both intermittent straight catheters and indwelling retention catheters and [i.e. are] shown and discussed. The need for patient education and patient support during catheterization is emphasized. The techniques for performing catheter care and removal of a catheter are also shown and discussed"--Container.

Basic Venipuncture. [DVD 30 min] Center for

Phlebotomy Education, 2010. DVD Basic

Describes the basic technique for drawing blood specimens by venipuncture according to the latest CLSI standard. Detailed demonstrations include performing venipunctures using tube holders, syringes, and winged blood collection sets. Emphasis is placed on needlestick safety, proper patient identification, preventing patient injury, and obtaining specimens free from errors that can alter results.

The Biology of Prenatal Development. [DVD 42 min] National Geographic, 2006. DVD Biolo

Describes human prenatal development through all 38 weeks of pregnancy, emphasizing the first trimester development period. It combines facts with images produced from six different medical-imaging technologies.

The Bypass Effect. [DVD 12 min] CBS Video, 2008. DVD Bypas

Doctors have found that gastric bypass surgery seems to have other health benefits, including long-term remission of Type 2 diabetes as well as the resolution of sleep apnea, high blood pressure, and high cholesterol.

Community Voices:

Exploring Cross-Cultural Care Through Cancer. [DVD 70 min] Fanlight Productions, 2005. **Online facilitator's guide. DVD Commu**

Using the subject of cancer, explores ways that culture, race, and ethnicity affect health and the delivery of health care services.

Cracking the Code of Life. [DVD 116 min.] WGBH Boston Video, 2004. DVD Crack

Uses interviews with experts to examine the race to decode the human genome.

The Cure. [DVD 99min] Universal Studios, 2004. DVD Cure

A motion picture about the journey of Dexter, an eleven-year-old boy with AIDS, who builds a raft with his friend and sails down the Mississippi, determined to find a New Orleans doctor he believes has a cure.

Current Approaches to Treating Multiple Sclerosis. [DVD 30 min] Information Television Network, 2006 DVD Curre

Strategies for slowing the progression of MS.

The D-Word in Healthcare: How to Talk About Death and Dying. [DVD 15 min] Insight Media, 2009. DVD D-word

Five realistic patient scenarios, including one scene with a pediatric patient and one with a male patient, in which healthcare providers approach the difficult subject of death with their patients. Includes intervals after each interaction that allow for student responses or discussion. The DVD includes patient histories for each case.

Delmar's Fundamental and Advanced Nursing Skills: Routes of Administration. [VHS 38 min] Thomson/Delmar, 2004. Video Cass. Delma

Depression: Out of the Shadows. [DVD 90 min] PBS, 2008. DVD Depre

"...tells the dramatic stories of people of different ages, from diverse backgrounds, who live with various forms of depression. Leading mental

health experts highlight the latest scientific research and innovative treatments, offering greater understanding and hope..." From container.

Dirty Doctors: Hygiene in the Hospital. [DVD 26 min] Films for the Humanities & Sciences, 2007. DVD Dirty

Uses hidden cameras in hospitals to expose lapses in infection control procedures, and illustrates how easily microbes are spread. Includes case studies and suggestions for improvement.

Does the MMR Shot Cause Autism? [DVD 50 min] Films for the Humanities & Sciences, 2005. DVD Does

Dying Wish. [DVD 29] WordWise Productions, 2008. DVD Dying

Michael Miller, a retired surgeon at the end-stage of pancreatic cancer, decides to stop eating and drinking to achieve a more natural death. Medical ethicists and hospice staff discuss issues with patients' rights.

Emergency 9-1-1. [DVD 25 min] Films for the Humanities, 2007. DVD Emerg

This program will help viewers prepare for such a crisis, providing detailed information on when to call 9-1-1, how best to speak with the dispatcher, what to do while waiting for an ambulance, and what to expect upon arrival at the ER. – Publisher

Emerging Diseases: Prions and Viruses. [DVD 29 min] Films for the Humanities, 2008. DVD Emerg

Uses an entertaining, faux detective approach to introduce students to vital information regarding the transmission, clinical features, diagnosis, treatment, prevention, and

control of several communicable diseases. Vital information on zoonotic diseases such as SARS, Rift Valley fever, and avian influenza, including steps typically taken to manage and mitigate the spread of these illnesses. Creutzfeld-Jacob disease is also discussed.

Exercise Programming for Special Populations: Recent Advances. [DVD 45 min] Healthy Learning, 2006. DVD Exerc

Exercise programming recommendations and guidelines for eight population groups. Major exercise-related issues for the following medical concerns: heart disease; lung disease; peripheral vascular disease; obesity; hypertension; diabetes; aids; and pregnancy.

Family Secrets. Inside Addiction. [DVD 39 min] ABC News, 2007. DVD Fami
ABC News follows actor Daniel Baldwin for several months as he undergoes treatment for drug addiction in the Renaissance Malibu drug treatment facility.

Finding Hope in Recovery: Families Living with Addiction. [DVD 44 min] Mennonite Media Productions, c2007. DVD Findi

Presents the experiences of families dealing with addiction and going through the process of recovery.

Five Minute Pap Smear. [DVD 5 min] Brookside Associates, Medical Education Division, [2008]. DVD Five

Demonstrates Pap smear collection for cytologic examination and briefly discusses normal and abnormal dysphasia and abnormalities indicating infection with Koilocyte, Trichomonas and Candida.

A Good Death: Thinking About the End of Life. [DVD 26 min] Films for the

Humanities and Sciences, c2004. Dvd Good

This is the story of the decisions about dying that were made by Laura Schmidt, who died of cancer at age 51. Interviews with Laura, her husband and Dr. Joanne Lynn concerning various end of life issues.

Healthy Aging. [DVD 30 min] Information Television Network, 2006. DVD Healt
Healthy aging is about finding a lifestyle strategy... finding that strategy begins with understanding the changes that occur as part of the natural process of aging, as well as what disease states we can control or forestall with early detection, medical intervention, and lifestyle changes.

Her Name is Zelda. [DVD 53 min] Terra Nova Films, 2004. DVD Her
The film documents how Zelda Kaplan's middle-aged re-birth transformed her from a typical suburban housewife into a beloved and eccentric creature of New York City nightlife.

HIPAA for Healthcare Workers: The Privacy Rule. [DVD 14:40 min] Medcom Trainex, 2010. DVD HIPAA
This DVD has been updated to reflect the significant changes to the Health Insurance Portability and Accountability Act (HIPAA) of 1996 when the American Recovery and Reinvestment Act of 2009 was enacted.

Human Body. The Reproductive System. [DVD 29 min] Ambrose Video, 2010.

Of the body's major systems only the reproductive organs and structures are different in men and women. There is no greater miracle on the planet than the creation of a new life. Join Dr. Mark Reisman as he takes you through each stage of this miracle, from the genetic basis of life, to the development of sex organs, to the formation of sex cells, to conception, to the emergence of the embryo, to the growth sequence of the fetus, and finally to the birth of a new human life. - Container

Human Reproduction and Childbirth. [DVD 21 min] Human Relations Media, 2009. DVD Human

"Using animated graphics, this program clearly and vividly illustrates the biological functions of the different parts of the male and female reproductive systems. It shows how millions of sperm race through the uterus and into the fallopian tube where fertilization occurs, and subsequently how the fertilized egg develops into an embryo. Program also describes the basics of menstruation. Animated graphics vividly detail the different stages or trimesters of embryonic and fetal development. The program also follows a young couple through the woman's pregnancy, as both husband and wife describe the importance of good nutrition, sleep, low stress, and avoidance of alcohol and drugs. The process of birth is described as the young couple talks about their joy at the birth of their baby daughter"--Publisher's website.

I Have Tourette's But Tourette's Doesn't Have Me. [DVD 27 min] HBO, 2005. DVD I have

Looks at children with Tourette's syndrome, a rare brain disorder, whose victims twitch, jerk, and are unable to control loud verbal outbursts, some obscene. Because the public lacks knowledge about the disease, these children also suffer public humiliation. "In every school in America, it's likely that at least one child may have Tourette Syndrome. ...[this] documentary that dispels the myths of Tourette Syndrome through the experiences of young people"-- Container.

Learning and Understanding About Breast Cancer. [DVD 20 min] Animed Health 2011. DVD Learn

"In this educational video, ...will find all of the necessary information to better understand what breast cancer is, its symptoms and the risk factors that develop it. A self-breast examination is also explained in a detailed yet easy to follow manner." - Container

Life and Death: Medical Ethics of the Schiavo Case.

[DVD 27 min] Films for the Humanities &

Sciences, 2007. DVD Life
Neurologist Dr. Russell Portenoy explains the medical justification for removing the feeding tube from Terri Schiavo, while Robert George, professor of juris-prudence at Princeton University, raises legal and moral questions surrounding the decision. Keeping its focus on the Schiavo controversy, the program also explores implications for other end-of-life situations.

Life Success for Kids! Strategies for Conquering the Childhood Obesity Epidemic.

[DVD 58 min] Healthy Learning, 2007. DVD Life

This DVD provides an overview of how health/fitness clubs can help reverse the childhood obesity epidemic. It discusses how to engage children and details the eight basic keys to shape healthy, happy, successful young adults.

Malignant Hyperthermia.

[DVD 23 min] Insight Media, 2009. DVD Malig

This program examines the incidence, etiology, and clinical signs of malignant hyperthermia (MH) and offers precautions and strategies for prevention. It looks at patient assessment, discusses considerations for patient monitoring, and outlines the steps to be taken in the event of an MH crisis.

Mental Disorder. [DVD 30 min] Films for the Humanities, 2009. DVD Menta

What is abnormality? Using the case studies of two young women--one who has depression, one who has an anxiety disorder--as a springboard, this program presents three psychological perspectives on mental disorder. Section one considers it as a bodily disease, identifying underlying assumptions of the biomedical model and illustrating the treatments it offers. Section two looks at it as a disease of the mind, developing the view that the origins of some mental disorders may lie in people's

experiences. And section three outlines the basis of the constructionist perspective and the idea that mental disorder is socially defined. The increasing medicalization of behavior is also addressed.

The Most Amazing Machine: Neuroscience and Behavior.

[DVD 26 minutes] Intelcom, 2006. DVD Most
"Everything psychological, is ultimately biological," says author and researcher David Myers. This lesson plunges into the expanding field of neuroscience and the biology behind behavior, exploring how areas of the brain and brain chemistry can alter mood and cognition. Pioneering researchers discuss their role in the first split-brain surgeries, and a 20 year-old stroke survivor receives a breakthrough treatment to regain use of his affected arm.

The Muscular System. [DVD 29 min] Ambrose Video, 2010 DVD Muscu

"Shot in HD, using the the latest in 3-D graphics, medical imaging and cadaver specimens, see the human body's muscular system revealed in ways never seen before."

The Mysterious Human Heart. (3 DVDs 60 min each) Ambrose Video, 2007. DVD Myste

Material is presented through three real-life dramas of people who suddenly learn that a normal, functioning heart is not something that can be taken for granted. In Episode 1. we examine the heart as a muscle - pumping more than 100,000 times a day, pushing approximately five quarts of blood on an endless path delivering oxygen to every cell in the human body. This hour tells the story of the normal heart through the histories of three people with end-stage heart failure, where a pump may be a temporary remedy, but in the long term, a transplant is often a necessity. In Episode 2, a look at the physiological electrical mechanism that keep a heart beating regularly and efficiently and what happens when this most essential rhythm of life goes awry. In episode 3, the focus is on atherosclerosis, the silent blockage of the coronary arteries, which can

trigger devastating and sometimes fatal heart attacks.

The Nervous System. [DVD 29 min] Ambrose Video, 2010. DVD Nervo

Shot in HD using the latest in 3-D graphics, medical imaging and cadaver specimens, see the human body's nervous system revealed in ways never seen before.-Container

Pressure Ulcers. [DVD 30 min] Information Television Network, 2006. DVD Press

Pressure ulcers sound like an innocuous condition, but in fact they can be extremely dangerous, especially to those who are physically challenged, has diabetes or who live in long term care facilities like nursing homes. In fact, actor and activist Christopher Reeves untimely death at age 51 was attributed to a pressure ulcer. In this program we explain what pressure ulcers are, see how they develop and how they can be prevented. We also examine an innovative therapy that is helping to heal pressure ulcers quickly and painlessly. -Container

Privacy, Security, and You: Protecting Patient Confidentiality Under HIPAA. [DVD 20 min] HCPro, Inc., 2006. DVD Priva

This 20 minute video combines two components of the HIPAA regulation -- privacy and security -- into one training video. It's the first comprehensive video product to reach the market that covers both privacy and security in one convenient package. HIPAA compliance is in the hands of every member of your staff. A HIPAA violation could mean bad publicity for your organization -- not to mention strict and costly enforcement penalties. That's why, when it comes to HIPAA training for you staff, you can't' take enough care to make sure everyone understands their role in protecting confidentiality. Don't put your organization's reputation - or its bottom line - at risk. - Container.

Professional Behavior in Healthcare Professions: Professionalism and Self-

Presentation. [DVD 23 min] Insight, 2007. DVD Profe

This presentation addresses nursing and allied health professionals, and examines elements of professional behavior. The film covers communication with other health professionals, conflict management, and adherence to the chain of command. Also discussed are the value of presenting a professional appearance, the shared roles of all healthcare providers, and the importance of understanding one's professional role. -Container.

Reality Matters: Obesity and Nutrition. [DVD 30 min] Discovery Education, 2005. DVD Reali

Teenagers have always been drawn to junk food, but more than ever, today's teens are suffering at the hands of less active lifestyles and unhealthy eating habits. Explore America's culture of obesity and its contributing factors.

Secrets of the Mind. [DVD 58 min] WGBH Boston Video, 2007. DVD Secre

Follows neuroscientist V.S. Ramachandran as he investigates four mysterious psychological cases involving blindness and sight, phantom limbs and pain, and delusional thinking, and delivers his astounding conclusions.

Selling Sickness: An Ill for Every Pill! [DVD 52 min] First Run/Icarus Films, 2004. DVD Selli

Documentary examines the pharmaceutical industry's marketing of antidepressants with particular emphasis on the firm GlaxoSmithKline. It explores the unhealthy relationships between society, medical science and the pharmaceutical industry as they promote miracle cures - selling not just drugs but also the latest diseases that go with them. It also looks at the growing controversy around SSRI antidepressants (especially as they affect adolescents) and follows British psychiatrist David Healy and patients' accusations that aggressive drug marketing is blurring the boundaries

between medical conditions and ordinary life.

Skin Punctures & Newborn Screens. [DVD 30 min] Center for Phlebotomy Education, 2010. DVD Skin Demonstrates the proper procedures for capillary punctures; identifies acceptable sites for skin puncture on newborns, infants and older patients; describes how to submit properly collected newborn screen cards for testing; shows how to obtain adequate volumes of high quality capillary blood specimens from any patient.

Sicko. [DVD 123 min] Genius Products, c2007. DVD Sicko

Michael Moore interviews Americans who have been denied treatment by health insurance companies. It focuses on the how complicated it can become for communities and individuals, and the sacrifices they have made when they are denied health care coverage.

Special Considerations for the Young Nursing Home Resident. Univ. of Maryland-Baltimore, School of Medicine, 2006. Parts 1-3 DVD Speci

Nursing assistants in a group discussion present specific strategies for developing a different kind of caregiving relationship with these residents.

Pt. 1 Caring for the Younger Residents [17 min]

Pt. 2 Discovering Appropriate Activities [23 min]

Pt. 3 Understanding Me: the younger resident's perspective [20 min]

Standards for Infection Control, Medcom, 2007, updated edition. Parts 1-3. [DVDs] DVD Stand

Reducing the transmission of infectious diseases is a major concern for healthcare professionals. With the

advent of HIV, the prevalence of hepatitis B and hepatitis C, and the resurgence of tuberculosis, infection prevention and control is one of the most important responsibilities of a healthcare worker. ...you will learn effective procedures which you can apply in the healthcare setting to protect yourself and patients from infection.

Part 1: Principles of Infection Control. 13.5 minutes. 24 pg. workbook.

Part 2: Preventing Bloodborne Pathogens Transmission. 19 minutes. 28 pg. workbook.

Part 3: Tuberculosis Prevention and Practices for the Healthcare Worker. 14 minutes. 24 pg. workbook.

Super Size Me. [DVD 100 min] Hart Sharp

Video, 2004. DVD Super Filmmaker Morgan Spurlock embarks on a journey to find out if fast food is making Americans fat. For 30 days he can't eat or drink anything that isn't on McDonald's menu. He treks across the country interviewing a host of experts on fast food and a number of regular folk to try and find out why 37% of American are overweight.

Taking Measurements and Vital Signs. [DVD 38 min] Delmar Cengage, 2005. DVD Taking

Introduction to Taking Measurements and Vital Signs, Measuring Temperature, Disposable, Thermometer, Digital Thermometer, Electronic Thermometer, Tympanic Thermometer, Radial and Apical Pulse, Respiration, and Blood Pressure.

Tell Me Where it Hurts: A New Way to Look at Ordinary Aches & Pains. Aquarius Health Care Media, 2007 [DVD 30 min] DVD Tell

This program reviews the current state of research in the treatment of chronic

pain including headache and arthritis pain.

Ten Minute Solution Yoga.
[DVD 54 min] Anchor Bay Entertainment, 2005. DVD Ten

Ten minute workouts to shape up your whole body.

Ten Things you Need to Know About Losing Weight.
[DVD 51 min] Films for the Humanities, 2009. DVD Ten

This program presents ten science-based approaches to losing weight without starving as volunteers put the theories to the test. Experiments reveal the relationship between plate size and food consumption, why soup is the most filling of meals, how low-fat dairy products actually help the body eliminate fat, the long-term fat-burning potential of exercise, the counterintuitive fact that meal-skipping really doesn't facilitate weight loss, and more.

There is a Bridge. [DVD
110 min] Memory Bridge , 2007. DVD There

"A documentary film with a radically different perspective on Alzheimer's disease-- one of hope, the hope that in the midst of all that is lost with Dementia, much awaits to be found. Includes interviews with Naomi Feil (founder Validation), Michael Verde (Memory Bridge), Stanley Hauerwas (theologian), Rom Harré (psychologist) and Lisa Snyder (social worker)."

The Truth About Flu Vaccines. [DVD 26 min]
Films for the Humanities, 2008. DVD Truth

This program corrects myths and misconceptions concerning influenza vaccines and explains who is most at risk for flu-related complications. Viewers learn about disease progression, courses of treatment, yearly genetic mutation of the virus, WHO surveillance team functions, vaccine shortages and production

methods, and high-risk groups targeted for inoculations.

Understanding Bacteria.
(DVD 55 min) Discovery Communications, 2004. DVD Under

"Bacteria... [have] become immune to the best of our antibiotics, rendering once treatable infections deadly. However, bacteria do more than make us cringe: Learn how they can be helpful, aiding in meal digestion, air and water pollution control, and even in the treatment of muscle disorders."--Container.

Understanding Hemodialysis. [DVD 15 min]
Health and Science Television Network, 2006. DVD Under

"If you are starting hemodialysis soon, you probably have many questions about the procedure. How will my veins be accessed? What happens during dialysis? How do I care for my vascular access points between treatments? And what are the possible complications? These questions and more will be covered in this program on hemodialysis." --Container.

Understanding Viruses.
(DVD 55 min) Discovery Communications, Inc., 2004. DVD Under

"Even as you read this, your body is under attack. Your enemy is patient, adaptable, potentially deadly, and invisible. Viruses range from the common cold to HIV and have caused epidemics more decimating than war."--Container.

Upper Gastrointestinal Endoscopy. [VHS 9min]
Milner-Fenwick, 2005. Video Cass. Upper

Explains why patients may need the procedure, preparation, possible complications, potential side effects, and recovery. Scenes shot through the

scope will help patients understand how a diagnosis is made.

What Is Addiction? [DVD
23 min] Films for the Humanities, 2008. DVD What

"In an informal therapy group, Dr. Nora Volkow, Director of NIDA, discusses addiction as a brain disease with addicts and family members. She notes the environmental, behavioral and genetic factors that can make an individual vulnerable to addiction and how the disease leads to abnormal behavior. Additionally, Volkow uses brain imaging to illustrate how drugs and alcohol physically alter the brain, which is important in understanding addiction. Addicts are incorporated into this program as they share their difficult struggles with the disease."--Container

Note: Please search the [library catalog](#) for audiovisual titles older than 2004, or titles added to the collection since this bibliography was produced, 9/21/11