



Occupational Therapy Assistant

Industry Description

Young or old, we all have a job to do – the job of living. Learning, growing, playing, working, managing our homes, and caring for our families and ourselves are among the “occupations” of life.

Sometimes physical, emotional, or other challenges prevent people from participating fully in the job of living. Stroke, injury, depression, and developmental disabilities, for example, can make it difficult for people to do everyday tasks or be as active and as independent as they'd like.

Occupational therapy – a vibrant, growing profession – makes it possible for people to regain independence and to enjoy life to its fullest. By choosing a career in occupational therapy, you will make a difference. You will improve the lives of children, young people, and adults alike.

Occupational therapy assistants work with the supervision of registered occupational therapists to provide hands-on services to children and adults who are learning new ways to succeed in the occupations of life. Students today can look forward to dynamic careers working in varied settings with people of all ages. Many practitioners help children thrive in the “occupations” of childhood – learning, playing, and growing. Some work in schools with students who have learning disabilities or behavioral problems. Others work with children who have cerebral palsy, Down Syndrome, and other disabilities.

Practitioners also work with individuals in their homes, community centers, rehabilitation hospitals, and nursing homes. In these settings, they may support people with traumatic injuries, strokes, Alzheimer's disease, or mental health problems.

Minnesota Law requires that any person who provides services that involve direct contact with patients and residents at a health care facility licensed by the [Minnesota Department of Health](#) have a background study conducted by the state. An individual who is disqualified from having direct patient contact as a result of the background study, and whose disqualification is not set aside by the Commissioner of Health, will not be permitted to participate in a clinical placement in a Minnesota licensed health care facility. The College will withdraw any student from the program who is disqualified by the Minnesota Department of Health. The student is responsible for requesting the Commissioner to reconsider the disqualification.

Wages /Outlook/Advancement Opportunities

Wage information is available from the Minnesota Department of Education and the [Minnesota Department of Employment and Economic Development](#). Occupational therapy assistants may become occupational therapists. Assistants must get a master's degree to become a therapist.

This information is available in alternative formats by calling (763) 576-4700. TTY users can call Minnesota Relay at (800) 627-3529. Anoka Technical College • (763) 576-4700 • 1355 West Highway 10, Anoka, MN 55303 • A member of the Minnesota State Colleges and Universities System • Anoka Technical College is an equal opportunity, affirmative action employer and educator.

For information on how to apply, how to schedule a campus tour, contact the [Admissions Office](#)
Phone at (763) 576-4700 or by E-mail at info@anokatech.edu

**Occupational Therapy Assistant
Associate of Applied Science**

71 Credits

General Education **19 Credits**

ENGL1105	Composition I	4
	OR	
ENGL 2105	English and Technical Writing	4
PSYC1405	Lifespan Human Development	4
PSYC1505	General Psychology	4
PSYC1605	Abnormal Psychology	4
SPCH1200	Interpersonal Communication	3
	OR	
SPCH 1500	Intercultural Communication	3

Technical Education **52 Credits**

COMP1002	Computer Technologies for Communications	2
HLTH1005	Anatomy and Physiology	4
HLTH1010	Medical Terminology	1
COTA1000	Introduction to Occupational Therapy	4
COTA1100	Therapeutic Modalities I	3
COTA1150	Therapeutic Modalities II	3
COTA1220	Pediatric Principles & Techniques* ¹	4
COTA1255	Physical Dysfunction Principles & Techniques I* ¹	3
COTA1370	Special Topics in Occupational Therapy	2
COTA2001	Organization & Administration of an Activity Program	2
COTA2010	Level 1 Fieldwork* ⁴	2
COTA2011	Fieldwork Seminar I	1
COTA2200	Psychosocial Principles & Techniques* ²	5
COTA2255	Physical Dysfunction Principles & Techniques II* ³	3
COTA2410	Level 2 Fieldwork in Psychosocial Setting	6
COTA2420	Level 2 Fieldwork in Rehab Setting	6
COTA2450	Fieldwork Seminar II	1

*1 The prerequisite to this course is HLTH1005, Anatomy and Physiology.

*2 The prerequisite to this course is PSYC1605, Abnormal Psychology or taken concurrently.

*3 The prerequisite to this course is COTA1220, Pediatric Principles & Techniques and COTA 1255, Physical Dysfunction Principles & Techniques I.

*4 A current CPR for the healthcare worker card, a score of 71 or higher in Arithmetic skills on the new student assessment OR successful completion with a grade of C or better in Basic Math 0801.

NOTE: COTA1000, Introduction to Occupational Therapy, is a pre-requisite for all other OTA program courses. A current CPR for the healthcare worker card and all required coursework must be successfully completed before participating in Level 2 Fieldwork experiences.