

Program Information

The Behavioral Health and Human Services Program is designed to prepare students to become direct service providers or designated coordinators in settings where vulnerable or at-risk people are housed or treated. Direct service providers also known as Behavioral Health Workers, are the caregivers in these settings, and the designated coordinators oversee the daily activities of the setting.

The program exposes students to the laws, rules, and regulations surrounding the care and treatment of vulnerable people, specifically developmentally, mentally and cognitively disabled people. Additionally, the program trains students how to best support developmentally or mentally disabled people, as well as to understand the psychological characteristics of and treatments for various developmental and cognitive disabilities.

Additionally, program coursework also helps define the roles of the behavioral health worker, direct service provider, designated coordinator and social worker as advocates and resource providers, helping vulnerable clients and residents receive care and services.

Program Learning Outcomes

1. Students apply skills in a meaningful way (Demonstrating higher level thinking-analysis evaluation, and synthesis)
2. Performance assessment allows for evaluation of attitudes/dispositions.
3. Student develop and create original responses to the topic.

Industry and Career Outlook

Students graduating from the Behavioral Health and Human Services (BHHS) Associate in Applied Science (AAS) degree program are eligible for positions in several areas in the health, human services and education fields with children, adolescents, adults and senior citizens. The graduating student may serve a variety of at-risk populations including people with disabilities, mental illness, substance abuse, poverty and disadvantaged.

Students who may be interested in social work, sociology, psychology or other health-related areas may want to consider the BHHS program as a well-rounded educational base to support further development of generalist skills at a four-year institution.

Wage information is available from the [Minnesota Department of Employment and Economic Development](#).

Background Study

Minnesota Law requires that any person who provides services that involve direct contact with patients and/or residents at a health care facility licensed by the Minnesota Department of Health have a background study conducted by the state.

Program Start Dates

Fall Semester.....August
Spring SemesterJanuary

Course Prerequisites

Some courses in this program may require a prerequisite. Please see [course descriptions](#) for more details.

MnTC General Education Requirements

This program requires completion of the following twenty-two credits of general education from at least three goal areas of the [Minnesota Transfer Curriculum](#) (MnTC).

- BIOL 1130 Human Biology (Goal 2&3) 4
- ENGL 1107 Composition 1 (Goal 1&2) 4
- PSYC 1406 General Psychology (Goal 5)..... 4
- PSYC 1506 Lifespan Development (Goal 5) or PSYC 1606 Abnormal Psychology (Goal 5)..... 4
- SOSC 1010 Introduction to Sociology (Goal 5&7)..... 3
- SPCH 1200 Interpersonal Communication (Goal 1&7) or SPCH 1500 Intercultural Communication (Goal 1&7) .. 3

Program Sequence

- Fall Semester 16**
- BHHS 1005 Introduction to Behavioral Health and Human Services 2
 - BHHS 1010 Direct Support Professionalism 3
 - BHHS 1040 Facilitating Positive Behaviors 3
 - ENGL 1107 Composition I 4
 - PSYC 1406 General Psychology 4
- Spring Semester..... 15**
- BHHS 1020 Physical Developmental Supports I..... 3
 - BHHS 1030 Person Centered Planning..... 3
 - BHHS 1570 Introduction to Social Work..... 3
 - BIOL 1130 Human Biology 4
 - HLTH 1040 Medical Terminology..... 2
- Fall Semester 16**
- BHHS 1550 Social Services Projects..... 3
 - BHHS 1560 Social Welfare Services 3
 - BHHS 2050 Supportive Interventions..... 4
 - BHHS 2100 Internship 4
 - HLTH 1000 Disease Conditions 2
- Spring Semester..... 13**
- BHHS 2020 Physical Developmental Supports II 3
 - PSYC 1506 Lifespan Development..... 4
- OR**
- PSYC 1606 Abnormal Psychology 4
 - SOSC 1010 Introduction to Sociology 3
 - SPCH 1200 Interpersonal Communications 3
- OR**
- SPCH 1500 Intercultural Communications 3

Graduation Requirements

Students must earn a cumulative 2.0 GPA or higher to be eligible for graduation from this program.

Faculty Contact

[Zakia Robbins-McNeal](#) 763-576-4182

For information on how to apply, to schedule a tour, or for service during summer hours, contact Enrollment Services at 763-576-7710 or EnrollmentServices@anokatech.edu



A member of Minnesota State

AnokaTech.edu